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## WELCOME NEW MEMBERS (December 2013)

CHUA Kah Oh  
CHUA Kia Chee  
Karmjeet KAUR  
LEE Chai Tin Francesca  
LEONG Lan Eng  
LIM Chin Soon  
LIM Gek Choo, Sheila  
LING Soo Hung  
NG Maple  
NG Poh Chiok Wendy  
NG Tong San  
NGIAM Kia Hiang  
ONG Cyril  
TAI Kim Mooi, Emily  
TAN Siew Eng  
WU Boon Lan Agatha  
YEOW Sow Peng Katherine

## UPCOMING ACTIVITIES

### RSVP Chinese New Year Party

Friday 7 February 2014,  
11.30am  
Open to members only  
Cost: \$20

### 50Plus Expo 2014

28 – 30 March 2014  
Suntec Singapore, Level 4  
(RSVP Singapore is a supporting organisation)

## President's Message

A Happy New Year to all!

2013 has been a very eventful year for me with several firsts – my official appointment as President, new initiatives, a Gala Charity dinner and a grand Volunteer Appreciation Night.

As we begin the New Year, we have much work to do and will share more as we progress into the year. I would like to formally thank all our volunteers who have given much of their time in support of RSVP and its programmes which have benefited many in the community. A special “Thank you” to all donors and partners in service and friends who believe in the mission of RSVP. A note of thanks to the staff of RSVP for their hard work to ensure the smooth progress of the organisation and its programmes.

I look forward to a challenging 2014.

Yours sincerely,  
Koh Juay Meng

各位会员们，新年快乐！

对我来说，2013 是一个非常不平凡的一年，充满了几个第一次 - 我正式任命为会长，新举措，一个盛大的慈善晚宴和隆重的义工答谢会等等。

当我们开始新的一年，我们有很多工作要做，并会分享更多的作为我们进入了一年。我想感谢所有支持 RSVP 和为我们的社区项目贡献了宝贵时间的义工们。我也要特别感谢相信 RSVP 的使命的所有捐助者和合作伙伴和朋友。同时，我也要感谢在 RSVP 辛勤工作的职员以确保组织及其项目能够顺利进行。

我期待着一个具有挑战性的 2014 年。

此致，  
许悦明

## Volunteers gave joy to MDOP clients 义工们与 MDOP 受惠人士共享欢乐



Christmas came early for 67 clients of Mentally Disadvantaged Outreach Programme as 26 RSVP volunteers organised an early Christmas party for them on 3 Dec 2013 at the Newater Visitor Centre. The Christmas Party was packed with activities and games. The party started with a simple ice-breaking game for the clients to know one another. The volunteers and clients then sang some Christmas carols together. When the song “Santa Claus is coming to town” started playing, one of our volunteers, dressed up as Santa Claus, came in, started shaking hands and distributing presents to the clients. Our volunteer Santarinas also helped to distribute candies to

Here's wishing one and all a very happy and prosperous New Year.

Let's have a galloping Year of the Horse!



the clients.

After all the games, it was time for the Christmas buffet lunch, partly sponsored by Rasa Rasa catering. It was indeed a jolly festive treat for both volunteers and clients!

26 位 RSVP 义工同伴于 2013 年 12 月 3 日在新生水 (Newater) 访客中心为 MDOP (Mentally Disadvantaged Outreach Programme) 的受惠者举办了一个早来的圣诞聚会。大量的活动和游戏令到这圣诞聚会更有气氛。一个简单的“破冰游戏”为各受惠者彼此相识揭开了聚会的序幕。随后又齐声高唱圣诞颂歌。当一曲“Santa Claus is coming to town”开始播放时, 我们其中一位义工打扮成圣诞老人的模样进入会场和与受惠者一一握手, 并派礼物给各 MDOP 受惠者。RSVP 的圣诞公主 (由女义工装扮而成的圣诞老人) 也帮忙分派糖果食品给各位受惠者。

游戏完毕, 义工和受惠人士大家一起享用美味的圣诞自助餐, 其中部分食物是由 Rasa Rasa 餐饮商慷慨赞助的喔! 这的确是令义工们和受惠人士深感愉快的款待!



## Volunteerism and IT Talk at My Centre @ Moulmein

### 义工精神和 IT 座谈会在 Moulmein 的 My Centre



On 6 December a total of 25 seniors turned up at My Centre@ Moulmein to listen to our volunteers, Mr Sunny Chan and Ms Cheow Chin Wang, despite the rain. It began with a talk on Volunteerism by Mr Chan which focused on active ageing and volunteerism and how seniors are an asset to the country. The seniors listened attentively as he spoke in Mandarin. His talk was followed by an IT talk by Ms Cheow. She shared with the seniors how using the computer and internet can bring entertainment to them and their families. In addition, they could also stay connected with their children or grandchildren through technology. Lastly, the talk ended with a brief description about computer viruses and how to protect the computer from “being ill”.

在 12 月 6 日那天, 5 位乐龄人士风雨无阻地来到 Moulmein 的 My Centre 聆听 RSVP 的义工讲座。由 Mr Sunny Chan 和 Ms Cheow Chin Wang 主讲, 以义工精神为主题, 把话题聚焦于活跃乐龄和义工精神, 以及乐龄人士如何被公认为国家的资产。讲座以华语表达, 而在座的乐龄人士都聚精汇神地聆听。接下来的 IT 讲座由 Ms Cheow 登台。她与乐龄朋友们分享如何使用电脑和互联网, 让他们和家人享受娱乐节目带来的欢乐, 也因此可透过科技和他们的儿孙辈们保持联络。来到尾声, 讲者撮要讲述有关电脑病毒及如何保护电脑, 以防“病魔”入侵。

## A “Thank You” party organised by volunteers

A group of volunteers namely Ms Marie Mattar, Mr Ed Coll, Ms Leong Sue Yin and Ms June Tan organised the Thank you party on 27 December for all volunteers and staff who worked hard towards making the Volunteer Appreciation Nite 2013 on 28 November at Orchid Country Club a great success.

The “Thank you” high tea party was followed by a guided tour of the National Museum to



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## About RSVP Singapore

RSVP Singapore The Organisation of Senior Volunteers is a non-profit organisation launched by the then Prime Minister Goh Chok Tong in October 1998 and approved as an Institution of Public Character in 1999. Its mission is to provide opportunities for seniors to serve the community with their talent and experience through purpose-driven volunteerism. Its major programmes are Cyberguide, Mentally Disadvantaged Outreach, Mentoring, Changi Service Ambassadors, Active Ageing Seniors, Ageing-in-Place, Enriching Lives of Seniors, Learning Journey and Senior Guiding.

Follow us on [FACEBOOK](#) or visit our Website [www.rsvp.org.sg](http://www.rsvp.org.sg)

experience the “50 years of Television: An Exhibition” organised by MediaCorp and National Heritage Board. Our senior guides were on hand to make the visit more meaningful.



For more photos, visit our Facebook—click [here](#).

## Strumming and Partying



The Ukulele Activity Group had a good time on Saturday 21 December, not just by strumming their ukuleles and singing carols. They got into the spirit of Christmas with much joy and laughter including some belly-aching funny moments caused by a couple of very creative games. And of course the food spread - a must at any party. Present was Mr Koh Juay Meng, our President, who willingly joined in the fun.

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## “The Unforgettables” story competition

Thank you members for your inspiring senior stories in support of “The Unforgettables” real life story writing project supported by Novartis. We submitted a total of 11 entries. Novartis will contribute \$100 to RSVP Singapore for every entry submitted up to a maximum of \$6,000.