

● RSVP VOLUNTEERS UNDERGO FREE HEALTH SCREENING AND TREATMENT AT SIAN CHAY

On 16 February 2016, 18 RSVP senior volunteers gathered at Sian Chay Medical Institution (Boon Keng branch) to go through a health screening. Since 1st February, RSVP volunteers have been able to collect their RSVP membership cards which will entitle them to a full and complimentary health screening and treatment at all Sian Chay Medical Institution outlets in Singapore. Present to mark this special occasion were RSVP President Koh Juay Meng, Sian Chay Medical Institution Chairman Dato' Seri Toh Soon Huat BBM and NVPC CEO Melissa Kwee.

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● MESSAGE FROM THE BOARD



At RSVP Singapore's recent strategic planning session held in January, one of the hotly debated items was how to increase the number of active senior volunteers among its membership. Although RSVP has a membership of over 1,000, its active volunteers only hovers around 300, roughly 30%. I am not about to extend that debate in this message but I think this is a good time to relook how volunteerism can be further enhanced at RSVP. As an established Volunteer Welfare Organisation of almost two decades, where our Vision is "To be Singapore's premier organisation of active seniors serving and enriching lives through volunteerism", and our Mission "To provide opportunities for seniors to serve...

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[\(Mandarin version\)](#)

● SENIOR GUIDING X MDOP LEARNING JOURNEY COLLABORATION

On 22 March, 92 volunteers and MDOP clients went on a learning journey to Sungei Buloh Wetland Reserve, which is a nature reserve in the northwest area of Singapore. It is the first wetlands reserve to be gazetted in Singapore (2002), and its global importance as a stop-over point for migratory birds was recognised by the Wetlands International's inclusion of the reserve into the East Asian Australasian Shorebird Site Network. The reserve, with an area of 130 hectares, was listed as an ASEAN...

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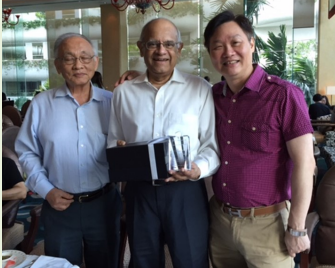
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● SAYING “THANK YOU!” TO A PROGUIDE PIONEER



It was a poignant occasion when RSVP ProGuide Board members came together to bid farewell to P. Mohandas who recently stepped down from the Board.

Mohan, as he is affectionately called by friends, decided to spend time “taking it easy” to recuperate from heart surgery.

During the farewell lunch, Board members exchanged stories and recalled many happy occasions spent together on projects.

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● RSVP CNY LUNCHEON

More than 65 RSVP volunteers gathered at the multi-purpose hall on 12 February 2016 for a joyous Lunar New Year celebration. During the luncheon, RSVP President Mr Koh Juay Meng shared Lunar New Year greetings with the volunteers present and emphasized that volunteers can look forward to an exciting year ahead filled with new volunteering opportunities.

The seniors were entertained by festive songs, including a spirited performance by special guest Mr Jackson Teo, owner of Teo Heng KTV Studio...

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RSVP Flag Day 2016

Find out more on how you can help

Welcome New Members to RSVP!

GOH Geok Leong

HO Chin Fah

HU See Hwa

KOE Kim Hong

KOH Gin Lian

LEE Chuen Har

LOCK Yee Kok

ONG Kia Gee

ONG Seok Oon

PEH Susan

SIM Mong Seng

TAN Sock Choon

WAN Fook Chuen

YEO Mui Gek

ABOUT RSVP SINGAPORE

RSVP Singapore The Organisation of Senior Volunteers is a non-profit organisation launched by the then Prime Minister Goh Chok Tong in October 1998 and approved as an Institution of Public Character in 1999.

Its mission is to provide opportunities for seniors to serve the community with their talent and experience through purpose-driven volunteerism. Its major programmes are Cyberguide, Mentally Disadvantaged Outreach, Mentoring, Changi Service Ambassadors, MyBuddy, Enriching Lives of Seniors, Learning Journey and Senior Guiding.

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