e-NetWork

RSVP SINGAPORE
THE ORGANISATION OF SENIOR VOLUNTEERS

www.rsvp.org.sg October 2013

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Don't forget to Vote for your "Volunteer of the Year 2013"

For the first time this year, we are opening the nominations to all members. Don't delay; fill in the nomination form today and vote!

UPCOMING ACTIVITIES

RSVP's AGM Saturday 16 November, 2pm

Don't forget to join us at Queenstown CC for our 14th AGM. Hear what our President has to say about RSVP and plans for going forward.

RSVP 常年大会于 11 月 16 日星期六, 下午 2 点举行

请准时参加我们在女皇镇联络所召开的第十四次常年大会，并留意我们的会长发布有关 RSVP 的讯息，以及未来的施政方针。

RSVP Volunteer Appreciation Nite 2013

Thanks to Orchid Country Club, our venue sponsor, RSVP will be holding its Appreciation Nite for volunteers at the Grand Ballroom on 28 November 2013. Deserving volunteers will be invited to a sumptuous 8 course Chinese dinner. Those wishing to bring their spouse need only pay a nominal charge of $20 each; RSVP will contribute the other $20.

Dear Members and friends,

Welcome to our first issue of RSVP Singapore – The Organisation of Senior Volunteers' E-Network to keep you up to date with the happenings at our organisation.

会员们和朋友们，大家好!

欢迎来到 RSVP 新加坡乐龄义工组织的首期的电子简报，e-Network。这简报将带给各位有关 RSVP 的最新讯息。

SENIOR VOLUNTEER WEEK 2013 ATTRACTED MORE PARTICIPANTS, MORE VWOs AND MORE CORPORATIONS

We just concluded a very successful Senior Volunteer Week 2013 (SVW 2013), supported by the National Volunteer Philanthropy Centre and President's Challenge Volunteer Drive 2013. We had 40 activities, attracted 29 VWOs and NGOs and 20 corporations. In the words of Mr Ngiam Tong Yuen, who was Chairperson of the Organizing Committee, "Well done, RSVP. Thank you everyone who played a part to make it happen."

RSVP 刚成功地主办了由 National Volunteer Philanthropy Centre 和 President's Challenge Volunteer Drive 支持的 2013 年乐龄义工周（SVW 2013）。我们提供了 40 個活动，吸引了 29 個慈善机构，以及 20 個商业机构的参与。"乐龄义工周"组织委员会主席的 Ngiam Tong Yuen 先生的言论中赞赏道"谢谢你们，RSVP，你们做得很好。谢谢每一位落力参与并协助"乐龄义工周"园滿成功的义工朋友们。"

We kick-started SVW 2013 on 2 September with an Open House at RSVP's premises at Bishan with a full day programme, which included volunteerism, health and wellness talks, enrichment and lifestyle activities. The multi-purpose hall was packed with participants throughout the day. Besides talks, seniors were treated to a ukelele performance, line dancing, IT tips on improving your photographs, an art demonstration, puppet making and an art/photography exhibition. Some even managed to have their bone scan done. The highlight of the morning was a fashion show by seniors from the Senior Activity Centre of Care Corner. These brave seniors paraded in their various costumes and received much applause from the audience.

于 9 月 2 日是"乐龄义工周" 的第一天，RSVP 也在位于碧山的会址举办了全日的开放日，展开一系列的活动，其中包括各类讲座、乐龄义工们的尤克里里演出、排舞、改善数码照片的"秘笈"、环保艺术的示范、布偶人的制作以及艺术/摄影的展示。有些参与者甚至做了骨骼扫描。当日上午最令人难忘的要算是一场来自 Care Corner 乐龄活动中心乐龄朋友们的时装表演，那些服饰华丽的乐龄人士们在一班"老观众"面前粉墨登场，赢得不少热烈掌声。

WELCOME NEW MEMBERS (AUG – SEP 2013)

P. Ledchumy D/O Chelvadurai
CHEOH Lai Kiow
CHEONG Yoke Wan Eileen
CHONG Mee Ying
CHOONG Shyh Chang
CHOR Yuke Kam
CHUA Huat Tee, Irene
CHUA Kwee Fah
ENG Poey Koon
FOO Say Yeow
GOH Soo Hwee
HO Shih Meng
HO Yeng Fong
ING See Ing
JETHWA Prakash Lalit Chandra
KANG Chong Leng, Frederick
LAI Chong Kian
LAU Boon Hock, Doris
LEE Choo Neo, Irene
LEE Soh Tin
LEE Yuet Yong Evelyn
LIM Ann Soo, Florence @ Tan Foo Chew
LIM Cheng
LIM Kim Noi
LIM Soon Huat
LIM Yeow Huan, Thomas
LOH Siang See
LOY Jit Tuen
MARIAPPAN Renganathan
MOK Yong Khiam Henry
NG Ah Gek
QUEK Chin Wee
SAY Yin Ngan @ Foo Yin Ngan
SEAH Mui Seng
TAI Fong Hung
TAN Kar Quan, Gary
TAN Lai Chan
TAN Lay Kuan Theresa
TAN Yew Nam
TEO Pin Chin, Doreen
WONG Lau Chue
WONG Low Kuen
YEO Puay Hua Patricia
YEO Yong Kee

Quotes from Partners on Senior Volunteer Week 2013

On behalf of Dr. Mohd Hasbi Abu Bakar, President of Jamiyah, staff and residents of Jamiyah Home For The Aged, we would like to thank your group for their exciting performance on that day. Our residents really enjoyed the Cantonese Songs, Malay Dance and Magic show performed by your volunteers."

Mdm Azizah
Jamiyah Home for the Aged

SOME KEY HIGHLIGHTS OF THE SENIOR VOLUNTEER WEEK

Makeup, new hairdos and then a photography session
Senior volunteers armed with make-up and hairdressing sets helped 13 needy seniors from Life Point look their best before a photography session. Volunteer photographers were on hand to do the photo-shoots at familiar landmarks nearby.

化妆，新发型，及摄影会
在擅长化妆和发型设计的多名乐龄义工的协助下，13 位来自生命同行坊的贫困年长者在摄影机前闪亮登场。在牛车水附近的地标背景正好派上用场。义工摄影队成员就位发挥所长， 为这些年长者拍摄。

Saying "Thanks" to teachers – an IT Fun Day
Some 15 Down Syndrome Association clients created Teachers' Day cards for their teachers with helpers from RSVP and Jaya Holdings. This was followed by an IT game session. It was a fun session for all.

Rehab activities at Ren Ci Nursing Home
Ten volunteers befriended and assisted the elderly patients by feeding them lunch at Ren Ci Nursing Home.

康复活动在仁慈疗养院
有 10 位 RSVP 义工在仁慈疗养院友善地协助年长的病患者进食午餐，真情显露。

Sing, entertain and engage the lonely seniors at Bright Hill Evergreen Home
The sound of ukuleles filled the air at Bright Hill Evergreen Home. It was an afternoon when volunteers befriended the lonely seniors, entertained them and played Bingo with them.

Scavenger Art Competition
Some 240 participants took part in the Scavenger Art Competition to create art pieces from recyclable materials. The Competition was held at Orchid Country Club on 14 September 2013.

Our volunteers worked in teams with 100 beneficiaries from seven children's homes and 90 staff volunteers from seven corporations, namely UPS, MindStretcher, SingTel, Spicers, Dairy Farm, Oracle and Swiber. They pitched their creative skills to win vouchers and goodies. A special note of thanks to Orchid Country Club for sponsoring the venue; Catherine and her friends, who shared their art skills and provided valuable support to the competition; and Ms Kristie Lim, founder of Mind Stretcher Learning Centre for being one of the judges. It was a fun and meaningful time for all.

"A big thank you to RSVP volunteers for making the event a success. Though I was not present at the event, from the feedback I gathered, the volunteers were enthusiastic and the elderly were happy with the participation"

Ms Liau Yi Fang
Centre Manager, Life Point

"Congratulations on another successful run of Senior Volunteer Week.
On behalf of The Salvation Army and our beneficiaries, we would like to thank you RSVP and all your volunteers for partnering us to care for our beneficiaries.
Be it in befriending the seniors in the nursing home and having activities or making PAW books or performing, all of you have made a difference to our beneficiaries.
We hope that the experience of volunteering with The Salvation Army has been a meaningful one."

Mr James Lim Soon Leong
Volunteer Resources Mgr
The Salvation Army

RSVP SINGAPORE
THE ORGANISATION OF SENIOR VOLUNTEERS

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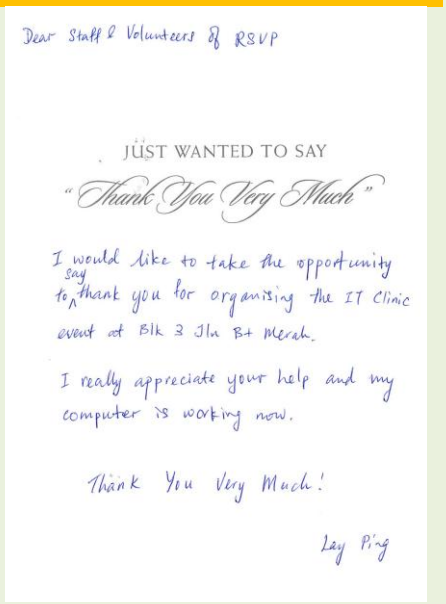
Tel: 6485 6111/ 6485 6113

CHANGI SERVICE AMBASSADORS GIVE THEIR ALL

Dressed in their smart red jackets, some 40 RSVP Changi Service Ambassadors greet passengers and visitors at the arrival halls of the 3 terminals of our Changi Airport. Besides giving a warm smile and cheerful greeting to tired passengers after a long flight, they readily provide helpful information on shopping, dining and recreational outlets that make our airport more than just a transportation facility. To keep visitors engaged and to give them an interesting and educational experience while in transit, these ambassadors also conduct twice daily tours of the gardens in the Transit Mall. These gardens include the Butterfly Garden, the Cactus Garden and the Theme Garden. Indeed, it is hard to imagine a better way for travellers to spend a few hours whilst waiting to catch a plane.

HELPING A LADY WITH HER COMPUTER PROBLEMS – THE SILVER IT CARE PROGRAMME WAY

At a recent IT clinic held at Thong Kheng Senior Activity Corner (SAC), our Silver IT Care volunteers were busy helping seniors to maintain and care for their computers. Here's what a happy lady had to say in her thank you card…



Dear Staff & Volunteers of RSVP

JUST WANTED TO SAY
"Thank You Very Much"

I would like to take the opportunity to say thank you for organising the IT Clinic event at Blk 3 Jln Bt Merah.

I really appreciate your help and my computer is working now.

Thank You Very Much!

Lay Ping

Special thanks to Josephine Ho, volunteer trainer

"Thank you for an excellent workshop on "Befriending", conducted at THK last Saturday. Your command of the topic, dedication to teach and your presentation skills were outstanding.

I especially liked how you related the lessons to real-life examples that allowed the study material/presentation to make more logical sense to volunteers. You made it so much easier to understand human behaviour and how to manage the challenges of befriending/volunteering. The lessons are also helpful in personal life."

Sincerely,
Manish Vaishnav
Finance Manager
Treasury from Sembawang Engineers & Construction

About RSVP Singapore

RSVP Singapore The Organisation of Senior Volunteers is a non-profit organisation launched by the then Prime Minister Goh Chok Tong in October 1998 and approved as an Institution of Public Character in 1999. Its mission is twofold: to provide opportunities for seniors to serve the community with their talent and experience and to make their lives meaningful and enjoyable through purpose driven volunteerism. Its major programmes are Cyberguide, Mentally Disadvantaged Outreach, Learning Journey/Senior Guiding, Hosting, RSVP Ageing-in-Place, Silver IT Care, Changi Service Ambassador, Enriching Lives of Seniors and Active Ageing Seniors.

Follow us on FACEBOOK or visit our Website www.rsvp.org.sg