STAFF ANNOUNCEMENT

RSVP Secretariat would like to welcome the new staff members who came onboard:

- Ms Chang Wan Xin, Associate, Corporate Communications
- Ms Judy Tan, Manager, Volunteer Learning
- Mr Ong Ming Ze, Associate, Programmes
- Ms Priya Tharisini Ganesan, Associate, Corporate Partnership and Fund Development
- Ms Ruth Evangeline Goh, Associate, Volunteer Management

We hope you will extend to them your support and co-operation!

L-R: Judy, Ming Ze, Priya, Ruth, Wan Xin

ANNUAL GENERAL MEETING 2017

The 2017 Annual General Meeting was held on 22 November in our level 8 multi-purpose hall. This year, a total of 98 members and 18 staff were present at the meeting when it took place that afternoon at 2pm.

We would like to thank all those who attended for the feedback and for giving us the chance to address your concerns.

Special thanks to Dennis Lim and KC Chan of RSVP Photography Activity Circle for taking the photos.

Photos on our Facebook page here.

PRESIDENT'S STAR CHARITY 2017

RSVP Singapore is proud to have participated in Singapore's landmark charity event, The President's Star Charity, held on 10 December this year. Our volunteers were stationed at 2 locations - Mediacorp's MES Theater and at Clementi .

Over at MES Theatre, our volunteers were a part of a kueh kueh making segment alongside local radio personalities and the cast of Channel 5's Tanglin. Over at Clementi, our volunteers packed goodie bags for over 300 needy residents with radio deejays from 93.8FM and 98.7FM.

Photos on our Facebook page here.

GOURMET ACTIVITY CIRCLE CHRISTMAS PARTY

On 14 December 2017, RSVP's very own Gourmet Activity Circle (GAC) hosted a Christmas party for their members, friends of GAC, and contributors of the RSVP Cookbook at our Multi-Purpose Hall on level 8.

After lunch, the attendees played an interactive game of human bingo where they had to form a line by getting signatures from people who fit the mini facts in the bingo boxes. This allowed the attendees to get to know each other better!

You can check out the photos on our Facebook page here.

SENIORS GIVE THANKS DURING INTERNATIONAL DAY OF OLDER PERSONS CELEBRATION

The International Day of Older Persons celebrates and encourages seniors to show gratitude towards their loved ones. Held on a Sunday, 1 October 2017, the event garnered more than 200 participants from seven different senior activity centres (SAC).

The event kicked off with the arrival of Guest-Of-Honour Dr Amy Khor followed by a string of performances prepared by various senior volunteers. This included a harmonica performance by Mr Loy Kok Kheng from Orange Valley Woodland Peak SAC and a freeform dance performance by a senior group from O' Joy Care Services.

The highlight of the event was the "Seniors Give Thanks!" Campaign where seniors presented "Thank You" Cards to their loved ones. Surprised smiles could be spotted across the halls as seniors turned to give their pre-written cards to their families, friends, caretakers etc. Showing appreciation and gratitude is important but often overlooked. Living among such a fast-paced generation, it is not every day that we get the opportunity to say thank you and express our gratitude towards people close to our hearts. For some, it is especially difficult to say their thanks out loud as they do not get to see their families often.

The stories of three seniors were also captured on film, showing their expression of gratitude and appreciation towards their loved ones. They were then invited to share their thoughts with the crowd. This was followed by a closing speech given by Dr Amy Khor, highlighting the importance of building an environment supportive of seniors and the government's efforts to encourage active ageing.

Photos on our Facebook page here.

DIGNITY KITCHEN LUNCH TREAT FOR SENIORS

Collaborating with our long-time corporate partner, volunteers from the Karaoke Activity Circle (KAC) arrived at Dignity Kitchen on 27 October 2017 to prepare for an engaging time with the seniors of Orange Valley Woodlands Peak. The corporate volunteers got down to work packing the items into the goodie bags upon arriving. June Low from the Enriching Lives of Seniors Programme (ELSP) then proceeded to prep them on the towel-cupcake-making process for the arts & craft session.

The volunteers served lunch when the beneficiaries arrived. Our KAC volunteers commenced the karaoke session by taking over the mics and belted out familiar tunes while the seniors tucked in. The seniors readily participated in the singalong session, including a passionate few picking their choice of songs, each in various languages.

After the hearty karaoke session, June led the arts & craft session. Starting out from a flat piece of mini towel, fingers and hands worked together, transforming it into a beautiful 3-dimensional cupcake shape. Although it was slow progress on the seniors' part, all of them managed to produce their own towel cupcakes in the end, under the guidance of the volunteers. The seniors were also engaged in an interactive game of Bingo before goodie bags were distributed.

More photos can be seen on our Facebook page here.

MEANINGFUL DAY AT WILLING HEARTS

Arriving at noon, our volunteers were ushered by the friendly staff at Willing Hearts to different stations – cutting and marinating of meat and poultry in the wet kitchen, and chopping vegetables in the dry kitchen.

Despite the exhausting work of chopping away discoloured cauliflowers curds or handling meat for hours, our volunteers were barely daunted, knowing that these were for people in need of help.

Before ending the day's work, all our volunteers, along with some of Willing Hearts' volunteers were rounded up to thread pieces of chicken onto skewer sticks. Our volunteers fell into easy banter while working, and even managed to evoke curiosity regarding RSVP from another Willing Hearts volunteer. By the end of the day, everyone was sharing how meaningful and therapeutic the experience was, asking if it was possible to organise such trips with a larger group of volunteers, knowing that the work done will be for a good cause.

More photos can be seen on our Facebook page here and here.

A warm welcome to our new members!

ABDUL Rahamathulla Maideen Kader

ANG Soh Lian, Juliana

CHONG Swee Sien

CHOPARD Leslie Joseph

CHUA Swan Choo

ENG Joo Lee

FOO Mee Fah

HO Siew Wan

KOH Li Hong

LAM Joon Lan

LOK Bee Chin

LOW Peng Nam

NAH Irene

PEH Choon Kiat

PEK Hoe Sim

TAN Hui Kheng

WONG Ai Lean

WONG Wei Leng

YEOW Wai Hun

Upcoming Events!

DONATION DRAW 2017

Friday, 22 December 2017

10.30am

RSVP Multi-Purpose Hall

To register, please contact 6259 0802 or general@rsvp.org.sg

FROM ALL OF US AT RSVP,

MERRY CHRISTMAS & A HAPPY NEW YEAR!

ABOUT RSVP SINGAPORE

RSVP Singapore - The Organisation of Senior Volunteers is a non-profit organisation and an Institution of Public Character as defined under the Charity Act. The Organisation was started in 1998 and launched by then-Prime Minister Mr Goh Chok Tong. It is a registered society under the Societies Act and a member of the National Council of Social Service (NCSS). Since its inception, RSVP has grown into one of the leading volunteer organisations in Singapore, in particular paving the trend of senior volunteerism. With over 1,000 members, RSVP Singapore serves more than 150,000 beneficiaries each year, including the mentally disadvantaged, at-risk children from low income families, as well as socially isolated seniors through its community service programmes.